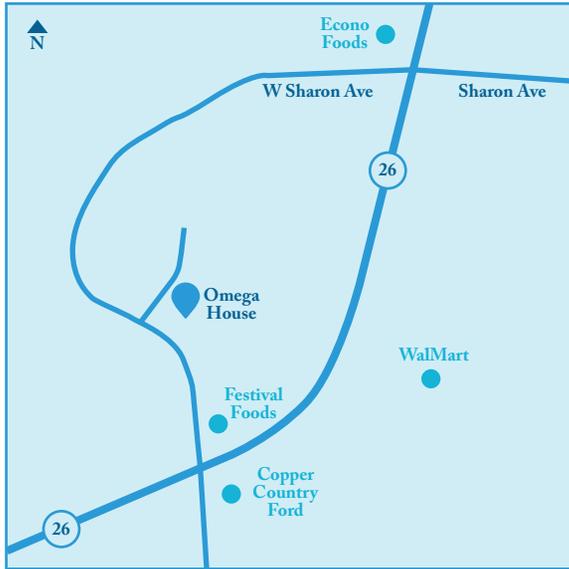




Are you caring for a loved one at home and need a break?

Do you care for a dependent who is elderly, ill or disabled?

Omega House offers respite care to individuals who need support on a short-term basis.



**Omega House**  
2211 Maureen Lane  
Houghton, MI 49931  
Phone: 906-482-4438  
[www.omega-house.org](http://www.omega-house.org)

*Omega House, Inc. is a 501(c)(3) tax-exempt, charitable organization. Contributions are tax deductible under the limits of the law. Omega House is a State of Michigan licensed Adult Foster Care home.*



**OMEGA  
HOUSE**

*A final gift of home*



## Respite Care

*The next best thing to being home.*



## *What is Respite Care?*

Respite care is a service that offers a temporary break to those caring for a loved one on a day to day basis, while the dependent continues to receive care in a safe environment. Respite care can be arranged in advance or on shorter notice during time of caregiver crisis.



### *Benefits of Respite Care*

- You will feel revitalized and refreshed, with a sense of renewed energy
- You will have time to relax and enjoy life
- You will be able to have more social time with family and friends

## *Respite for Caregivers*

Taking care of an older or ill family member can be enormously rewarding but it can be physically and emotionally draining as well. That's why it's important for caregivers to seek occasional respite from their caregiving responsibilities. Whether it's for a couple of days or several weeks, respite care offers you the chance to reduce stress, restore energy and keep your life in balance.

All too often, the health and well-being of at-home caregivers is placed in jeopardy because of the stressful circumstances they face every day. Omega House respite care will allow you to spend time on other obligations or family vacations without worrying about loved ones. Caregivers often return with renewed energy and a fresh perspective.



*Ready to talk? Have questions?  
We're here for you!  
Call us at (906) 482-4438.*



## *Respite for Individuals*

Omega House respite care provides 24-hour support to individuals recuperating after surgery, illness or hospitalization. They may not feel comfortable returning home or their caregivers are away. We offer a safe, homelike, supportive environment, where individuals can interact with others. Your loved one will receive:

- All daily meals
- Medication assistance
- 24-hour supervision and security
- Assistance with personal care needs such as bathing, dressing, toileting and grooming
- Laundry and housekeeping services

... all with great compassion