

Advance Care Planning



A community leader in end-of-life care

Omega House offers a peaceful, homelike environment for terminally ill people. We provide end-of-life care that emphasizes compassion, independence, respect and dignity. In cooperation with local hospice programs, Omega House offers exceptional care, 24 hours a day, seven days a week, and is for:

- People who live in a limited support situation as a complement to a hospice agency program;
- People who live with an elderly or infirmed partner whose own condition prevents them from providing adequate care or support;
- People who are unable to care for their loved one at home during their final phase of life.



Do you understand your end-of-life health care options? Have you discussed them with your family and physician? You can plan your health care in advance and make decisions about your future healthcare wishes.

Who will speak for you if you cannot?

Who will make decisions about your healthcare?

2211 Maureen Lane
Houghton, MI 49931
Phone: 906-482-4438
www.omega-house.org

Let Your Voice Be Heard

Even if you cannot speak for yourself.

Plan Your Final Health Care

You have the right to choose and plan how you receive medical care in your final hours. Part of your decision depends on your chosen advocate.

Advance Care Planning (ACP) helps you choose someone to be your advocate and speak on your behalf – someone who tells healthcare workers what you want done for you.

- ACP is a process that helps you think and talk about your end-of-life healthcare choices with others.
- This planning will help you and your family, loved ones and your caregivers when you cannot speak for yourself.
- Making a plan for yourself means others will not have to guess what they should do for you.

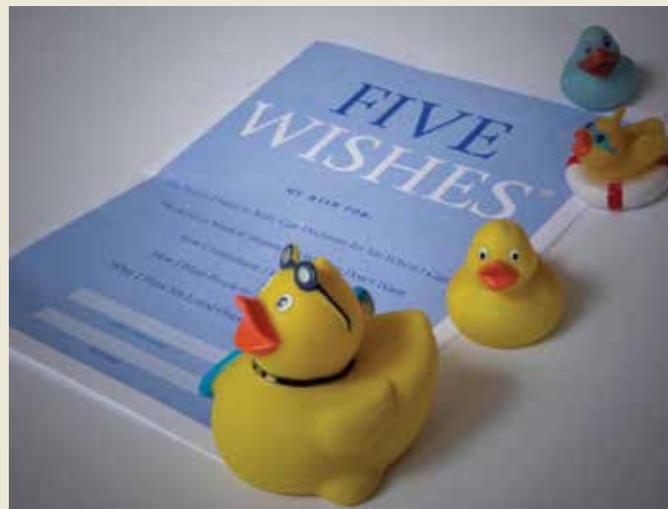
Advance care planning helps you get the care you want, and do not want. And it relieves the burden on your family. Nationally-recognized Five Wishes has been called a “living will with heart and soul.”

Five Wishes

(With the Help of the American Bar Association Commission on Law & Aging)

MY WISH FOR:

- 1 The Person I want to Make Care Decisions for Me When I Can't
- 2 The Kind of Medical Treatment I Want or Don't Want
- 3 How Comfortable I Want to Be
- 4 How I Want People to Treat me
- 5 What I Want My Loved Ones to Know



What is ACP?

Advance Care Planning is a process that helps you think and talk about your healthcare choices with others. This planning will help your loved ones and caregivers when you cannot speak for yourself.

What is a Facilitator?

Facilitators are people who are trained to help you identify what is important to you, make decisions about your future health care, and put your plan in writing.

What is an Advocate?

An Advocate is someone you choose to speak for you. Choosing someone as your patient advocate means you trust this person to make difficult decisions and carry out your wishes.

At Omega House we offer Advance Care Planning. To make an appointment or to speak to one of our trained ACP facilitators, call Omega House at (906) 482-4438 or email michael.lutz@omega-house.org.